

Combine your training with friendly competition, awards and lots of pancakes!

Saturday August 16th, rain or shine
One mile 8:00 am, 5K 8:30

Registration

Team Pricing: \$15

Includes breakfast!

Race day registration begins at 7:00 am

Sleep late? Pre-registered runners may pick up race numbers on 8/15 from 4:00 - 6:00 pm at the Ivyland Church

Where

A scenic, 3.1 mile course through Ivyland Borough and the surrounding area. Starts in front of the Ivyland Church, 51 Gough Ave. in downtown Ivyland PA and finishes a block away.

5K Race Awards

Team: *Top Male & Female Team*

Individual: *Top 3 Male & Female Finishers:*

8 and under	25-29	50-54
9-10	30-34	55-59
11-14	35-39	60-64
15-19	40-44	65-69
20-24	45-49	70-75
		Over 80

Be part of the largest sporting event in Ivyland's 152 year history!



- Shirts for all team members
- Awards - Who will take home the pies?
- Lots of water & shade
- Includes a pancake breakfast!
- All the Ivyland hospitality you can handle!

Thanks to our sponsors!



Finisher Fitness • Tony's Place
Ivyland Borough • Ivyland Fire Co.

Benefitting the Teri Willis Memorial Scholarship & the Ivyland Fire Company

X-Country Challenge

Team _____

Coach _____

Name _____

Address _____

City _____

State _____ Zip _____

Age on 8/16/25 _____ Male / Female

Birth Date _____

email address _____

Phone (____) _____

T-Shirt Size S _____ M _____ L _____ XL _____

Please mail this completed form with a check to:

Ivyland 5K

Ivyland Presbyterian Church

51 Gough Ave.

Ivyland PA 18974

Disclaimer and Release:

Parent must sign if participant is under 18 years old.

In consideration of this entity being accepted, I hereby for myself, heirs, executors, administrators, and any minor child (if applicable), waive and release any and all rights and claims for damages that I have against all sponsors, and persons employed, representatives, successors, or otherwise connected with this event in any way and assigns for any and all injuries suffered by me in said event including travel to and from the event. I verify that I am physically fit and have sufficiently trained for the completion of this event.

Signature _____

Questions? contact Mary Severn • marysevern@gmail.com • (215) 429-9543 • <http://ivyland5k.org>