

Combine your training with friendly competition, awards and lots of pancakes!

Saturday August 14th, rain or shine
One mile 8:00 am, 5K 8:30

Registration

Team Pricing: \$10



Race day registration begins at 7:00 am

Sleep late? Pre-registered runners may pick up race numbers on 8/13 from 4:00 - 6:00 pm at the Ivyland Church

Where

A scenic, 3.1 mile course through Ivyland Borough and the surrounding area. Starts in front of the Ivyland Church, 51 Gough Ave. in downtown Ivyland PA and finishes a block away.

5K Race Awards

Team: *Top Male & Female Team*

Individual: *Top 3 Male & Female Finishers:*

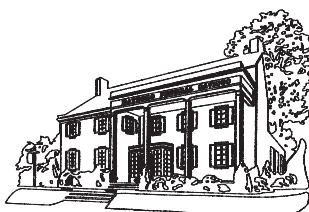
8 and under	25-29	50-54
9-10	30-34	55-59
11-14	35-39	60-64
15-19	40-44	65-69
20-24	45-49	70 and above

Be part of the largest sporting event in Ivyland's 148 year history!



- Shirts for all team members
- Awards - Who will take home the pies?
- Lots of water & shade
- Includes a pancake breakfast!
- All the Ivyland hospitality you can handle!

Thanks to our sponsors!



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X-Country Challenge

Team _____
 Coach _____
 Name _____
 Address _____
 City _____
 State _____ Zip _____
 Age on 8/14/21 _____ Male / Female
 Birth Date _____
 email address _____
 Phone (____) _____
 T-Shirt Size S _____ M _____ L _____ XL _____

Please mail this completed form with a check to:

Ivyland 5K
Ivyland Presbyterian Church
51 Gough Ave.
Ivyland PA 18974

Disclaimer and Release:

Parent must sign if participant is under 18 years old.

In consideration of this entity being accepted, I hereby for myself, heirs, executors, administrators, and any minor child (if applicable), waive and release any and all rights and claims for damages that I have against all sponsors, and persons employed, representatives, successors, or otherwise connected with this event in any way and assigns for any and all injuries suffered by me in said event including travel to and from the event. I verify that I am physically fit and have sufficiently trained for the completion of this event.

Signature _____